

## A Year of Reading Dangerously Book List 2026

JANUARY What Matters Most: Lessons the Dying Teach Us About Living by Diane Button

FEBRUARY The Luckiest – A Memoir of Love, Loss, Motherhood, and the Pursuit of Self by Kelly Cervantes

MARCH The Grieving Body: How the Stress of Loss Can Be an Opportunity for Healing by Mary-Frances O'Connor

APRIL Because I Knew You: How Some Remarkable Sick Kids Healed a Doctor's Soul by Dr. Bob Macauley

MAY Of Course I'm Here Right Now by Shelby Forsythia

JUNE What My Brother Knew by Kristina Amelong

JULY Antiphon: A Call and Response in a Year of Grief and Renewal – Jane Flynn and Christina Holbrook

AUGUST 23 Dates with My Dead Dad by Dr. Corey McAuliffe

SEPTEMBER Walking Each Other Home: Guiding Caregivers and Community Through the Sacred Passage of Death by Cathy Yuhas RN

OCTOBER Dying to Live: Finding Life's Meaning Through Death by Andy Chaleff

NOVEMBER Before I Lose My Own Mind: Navigating Life as a Dementia Caregiver by Dr. Beverly Thorn

DECEMBER Loss: Poems to Better Weather the Many Waves of Grief by Donna Ashworth